## TE KAWAU SWIMMING CARNIVAL

## Sunday 9th February 2020

Warm-up 12.30pm. Start 1pm

Rongotea Community Pool (25 metres) next to Rongotea School

Baylis Shield for the club with the most points.

Present holders: Palmerston Amateur Swimming Club

<b>Events:</b>				
1	200m	Freestyle		
2	25m	Freestyle	no fas	ster than 20 seconds
3	100m	Medley		
4	50m	Backstroke		
5	100m	Breaststroke		
6	25m	Butterfly		
7	50m	Freestyle		
8	100m	Backstroke		
9	25m	Breaststroke	no fas	ster than 22 seconds
10	200m	Breaststroke		
11	50m	Butterfly		
12	100m	Freestyle		
13	50m	Breaststroke		
14	25m	Backstroke	no fas	ster than 22 seconds
15	200m	Medley		
16	10&under	Freestyle mixed relay		(4x25m)
17	Open	Freestyle mixed relay		(4x50m)
18	10&under	Medley mixed relay		(4x25m)
19	Open	Medley mixed relay		(4x50m)
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- This is a Level 2 meet.
- One Timekeeper per lane.
- All events are Timed Finals.
- Entries via the SNZ database, closing time for entries is 22:00 on 2 February 2020.
- Entry fee \$4 per event. Relays free
- If scratched no right of re-entry.
- Entry times to be no faster than Div II qualifying times
- Te Kawau Swimming reserves the right to alter the programme should the need arise
- Carnival will be conducted under SNZ and Para rules.
- All participants must agree to comply with the Sports Anti-Doping Rules
- Psych sheets will be emailed to addresses provided.
- ⋄ Ribbons for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each heat.
- ♦ Spot prizes.
- ♦ Spectators free

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